

Tea Menu – Spring term 1

We will be rotating this menu for all the Spring term

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Macaroni and cheese with Garlic bread	Selection of sandwiches, veg sticks and houmous	Jacket potatoes, cheese & beans	Quiche & salad	
	Unsweetened yoghurt with fruit compote	Carrot cake muffins	Bananas and custard	Fruit salad & shortbread biscuits	
Week 2	Ham and cheese filled croissants with salad	Homemade sausage rolls and savoury rice	Spaghetti bolognese	Crackers, selections of meat and cheese with vegetable sticks	
	Peaches and cream	Fromage Frais	Natural yoghurt & fruit salad	Banana spilt	
Week 3	Homemade pizza & salad	Selection of sandwiches, vegetable stick and houmous	Chicken curry served with rice & naan bread	Spaghetti hoops on toast	
	Raspberry and white chocolate oat muffins	Fruity oat bake	Watermelon & grapes	Natural yoghurt with apple and raisins	

Any allergies/dietary requirements will be catered for and an alternative provided when needed.

