

Tea Menu – Autumn term 2

We will be trialling a 3-week menu for the rest of the term, which means that we will repeat the menu again after the first 3 weeks. If this works for the nursery and the children, we aim to continue with this pattern into the next term.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Macaroni and cheese served with garlic bread	Selection of sandwiches, vegetable sticks and houmous	Spaghetti hoops on toast	Spaghetti Bolognese	
	Natural yoghurt with apple chunks & raisins	A selection of fruit	Sugar free jelly and ice cream	Carrot cake muffins	
Week 2	Sausage sandwiches	Ham and cheese filled croissants with salad	Crackers, selections of meat and cheese with vegetable sticks	Quiche & salad	
	Melon slices & grapes	Homemade raisin cookies	Tutti frutti frozen bark	Banana spilt	
Week 3	Pitta bread, dips, cold meat, cheese and vegetable sticks	Beans on toast	Hidden vegetable pasta bake	Selection of sandwiches, Vegetable sticks and houmous	
	Seasonal fruits	Blueberry muffins	Natural yoghurt with grapes & Strawberries	Banana's & custard	

Any allergies/dietary requirements will be catered for and an alternative provided when needed.

