

Lunch Menu – Autumn term '25

Any allergies/dietary requirements will be catered for, and an alternative provided when needed

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 1st Sept			Hidden vegetable pasta bake Natural yoghurt & fruit compote	Homemade fish cakes with vegetable savoury rice Apple & blackberry oaty crumble & custard	Spaghetti Bolognese with garlic bread Melon & grapes
Week 2 8th Sept	Homemade turkey burgers, spicy potato wedges with salad Fromage frais	Sweet potato & vegetable curry with rice & naan bread Fruit salad	Roast chicken, roast potatoes, broccoli, carrots and peas Apple slices, dried apricots & sultanas	Bacon & leek pasta with garlic bread Tutti frutti frozen yoghurt bark	Homemade pizza with pasta salad Bananas & ice cream
Week 3 15th Sept	Pizza topped fish, mashed potatoes, peas & sweetcorn Seasonal fruits	Chicken & chorizo jambalaya Banana pancakes with fresh fruit	Vegetable lasagna & garlic bread Melon slices	Chicken and vegetable chow mein Oat biscuits	Jacket potatoes with cheese & beans Natural yoghurt & fruit compote with chia seeds
Week 4 22nd Sept	Hidden vegetable pasta bake Orange & apple slices	Turkey Bolognese with garlic bread Unsweetened rice pudding & blueberries	Chicken enchiladas with potato wedges and salad Fruit salad	Gammon with roast potatoes & peas Fruity oat crumble sundae	Macaroni cheese served with peas & broccoli Fromage frais
Week 5 29th Sept	Chicken curry with naan bread Fruity oat bake	Beef lasagne served with broccoli & carrots Fruit salad	Cornflake chicken tenders, Sweet potato wedges and sweetcorn Banana sticks & natural yoghurt with a drizzle of honey	Sausages & mashed potatoes with seasonal vegetables Yoghurt & grapes	Homemade quiche, pasta salad & cucumber sticks Watermelon slices
Week 6 6th Oct	Carbonara & garlic bread Pineapple chunks & blueberries	Vegetable casserole served with a fresh bread roll Oat biscuits	Ham & cheese turnovers with potato wedges & vegetable sticks Plums & grapes	Sweet potato cottage pie with cabbage & carrots Natural yoghurt & strawberries	Homemade fish cakes, rice & broccoli Sweet potato pudding cake
Week 7 13th Oct	Chicken/Turkey fajitas served on a tortilla wrap with vegetable sticks & paprika potatoes Fruit salad	Cheese, leek and potato pie with carrots & peas Oat biscuits with apple & cinnamon	Mexican turkey meatballs & spaghetti Fromage frais	Homemade sausage rolls, vegetable savoury rice & salad Banana slices & raisins	Vegetable curry with rice and naan bread Tutti frutti frozen yoghurt bark
Week 8 20th Oct	Ham & tomato pasta bake, with broccoli and sweetcorn Apple & pear slices	Chilli con carne served with rice Banana pancakes with fresh fruit	Pizza topped chicken, cous cous & salad Carrot cake muffins	Roast chicken, roast potatoes, broccoli, green beans & carrots Fruit salad	INSET DAY